

SEARCH

Site Web
Yellow Pages
A-List Businesses



SITE MAP »

San Diego News ▾

National News

News Archive

Contact 10News

10News Team

10News To Go

E-mail Alerts

Get RSS

NEWS

Home

San Diego News

Weather

Traffic

Investigations

Entertainment

Staying Healthy

Sports

Politics

Site Contents

MARKETPLACE

Contests

House And Home

Food

A-List City Guide

Dating

San Diego Jobs

Real Estate

Automotive

10NEWS

About

Advertise

Contact Us

AZTECA AMERICA

SITE TOOLS

Breaking News Alerts

10News For Phones

RSS

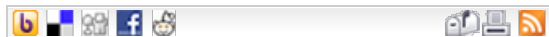


San Diego News

Local Couple Speaks On Experiences With Self-Help Guru

Carlsbad-Based James Ray Charged In Arizona Sweat Lodge Deaths

POSTED: 6:57 pm PDT July 8, 2010
UPDATED: 7:59 pm PDT July 8, 2010



SAN DIEGO -- A Scripps Ranch couple spoke to 10News about the time they spent with a Carlsbad-based self-help guru accused in the deaths of three people at an Arizona sweat lodge last year.

Two-and-a-half years before three people died at that ill-fated sweat lodge ceremony in Sedona, Connie and Richard Joy hooked up with James Ray, becoming founding members of his World Wealth Society.

The couple already had a successful business, the Joys of Real Estate, and decided they could improve their lives on other levels.

Connie Joy told 10News, "Everybody goes in for different reasons. I personally needed a better connection between body and health and also a tighter

f Share

10 retweet

E-Mail News Alerts

Get breaking news and daily headlines.

► [Browse all e-mail newsletters](#)

Related To Story



Video: Local Couple Speaks On Experiences With Self-Help Guru

spiritual connection."

Ray, she said, was a charismatic man who seemed genuinely interested in the people around him, but he developed a Messiah complex.

"In 2009, it really became all about money and not about the people," Connie Joy said.

The couple said Ray was charging \$9,000 or \$10,000 per person per seminar and pushing for greater participation.

The Joys said Ray coaxed them into doing things they'd thought impossible.

"We've broken boards with our hands, concrete slabs, arrows, bent rebar with our throats and that's what led to people staying in [a] sweat lodge. All along we're thinking, we can't do this and he's saying, 'Yes, you can.' And every time we succeeded, we proved ourselves wrong and him right," said Connie Joy.

She and her husband endured a sweat lodge ceremony in 2007. No one died then, but many became ill, including Connie.

"The sweat lodge was ridiculously hot for way too long," she said.

Richard Joy added, "All it was was an endurance test. We had no altered conscious state; it was an endurance test and it was a miserable time."

He explained why he was able to stay inside the tent for several hours, "I was able to tolerate a little more. I made sure I was on the edge of the tent and close to the ground, using my head to

MOST POPULAR STORIES

- NASA Images Reveal Local Quake Activity
- CHP Officer Accused Of Ramming Wife's Car
- Local Couple Speaks On Experiences With Self-Help Guru
- Expert Suggests Quake Insurance For San Diegans
- Suspect Shot At Jack In The Box Dies

» More Most Popular

BUYWITHME DEAL

\$39 For Luxury Spa Facial



- \$100 Value
 - Picture Perfect Skin Care
 - Limited Offer!
- [See All Deals!](#)



survive."


Connie Joy has written about their experiences with Ray in a book titled "Tragedy in Sedona: My Life in James Arthur Ray's Inner Circle." It will be published later this summer.

James Ray is awaiting trial on charges of manslaughter for the three deaths last October.

Several lawsuits have also been filed against him.

Copyright 2010 by 10News.com. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.

The following are comments from our users. Opinions expressed are neither created nor endorsed by 10News.com. By posting a comment you agree to accept our Terms of Use. Comments are moderated by the community. To report an offensive or otherwise inappropriate comment, click the "Flag" link that appears beneath that comment. Comments that are flagged by a set number of users will be automatically removed.



[Follow](#)

Echo 0 Items

[Admin](#)

LOCAL HEADLINES

- 10News Exposes 106 Buildings Overdue For Quake Retrofits
- Local Couple Speaks On Experiences With Self-Help Guru
- NASA Images Reveal Local Quake Activity
- Expert Suggests Quake Insurance For San Diegans
- Local Company's App Helps Users Find Food Deals

NATIONAL HEADLINES

- Good Credit Can Mean Lower Insurance Rates
 - Oakland Police Make 50 Arrests, With More Expected
 - Votto, Swisher Take Final All-Star Spots
 - Iran: Woman Won't Die By Stoning
 - Search For 2 Ends After Boat Collision
- [» More National News](#)

LINKS WE LIKE

Sponsored Content

9 Foods That Help Relieve Nausea



Eating when your stomach is upset may seem like a bad idea, but some foods can actually help with nausea. [More](#)

The 10 Coolest Houses Of 2010



Check out the coolest cribs we've seen so far this year and find out what makes them so darn cool. [More](#)

How To Handle A Sabotaging Coworker



We all like to think of our coworkers as friends, but what happens when you become the target of a coworker's dirty politics? [More](#)

What Not To Say To The Car Dealer

Buying a new car doesn't have to be

SPONSORED LINKS

[Find Car Reviews](#)

Research Safety Ratings & Reviews For New Cars at Kelley Blue Book. www.kbb.com

[SUV Safety Ratings](#)

Watch our Mazda CX-7 Safety Feature Video. See our SUV Safety Ratings. www.MazdaUSA.com

Ads by Google

ON THE SIDE

- Is Online Dating Safe?
- Recognize Alzheimer's



- Improve Your Health
- Deal With Pay Cuts

JOB SEARCHING TIPS

Sponsor:

Do What You Love To Do



Few people get the opportunity to do what they love for a living. Find out what you can do to be one of those

people. [More](#)

- Make A Great First Impression
- Are You Proactive Or Desperate?
- Avoid These 7 Cover Letter Mistakes
- Common Resume Blunders

QUICK LINKS

- San Diego News
- San Diego Weather
- San Diego Traffic
- San Diego Video
- San Diego Jobs



a tense situation. Find out what not to say to a car dealer and take the stress out of buying a car. **More**



© 2010, Internet Broadcasting Systems, Inc.
Click here for the privacy policy, terms of use.

[Click here for advertising information.](#)

[Microsoft MapPoint Terms of Use](#)

[Microsoft Privacy Statement](#)

[See All Internet Broadcasting Sites](#)

[Site Map](#)