

\*I/V Jeanne Armstrong by Det. Johnson #C22

On 10/22/2009 at approximately 1323hrs I spoke to Jeanne Armstrong by phone. The digitally recorded interview was placed into evidence as Evidence Item #4.

Jeanne said she first heard of James Ray on Oprah and an ad in the paper in summer or fall of 2007.

Jeanne gave me the following list of 10 James Ray conferences she had attended.

Cincinnati 2007	Intro Event	2 Hrs	Fall
Indianapolis	Intro Event	2 Hrs	7/2009
San Diego	Harmonic Wealth	2 Day	1/2008
Las Vegas	Harmonic Wealth	2 Day	9/2009
Las Vegas	Quantum Leap	3 Day	11/2008
Las Vegas	World Wealth Extravaganza	2 Day	11/2008
San Diego	Creating Absolute Wealth	3 Day	12/2008
Dana Point	Dreamer and the Dream	5 1/2 Days	4/2009
Lake Tahoe	Practical Mysticism	5 Day	6/2009
Sedona	Spiritual Warrior		10/2009

Jeanne said she had never used a sweat lodge before. She said she had used a sauna before and thought it was worse in a sauna. She said the air in a sauna is so hot it hurts to breath. She said it was more physically exerting than a sauna in that she was sweating more but she could breathe. She said steam rooms she has used in the past were also harder to breathe in compared to the sweat lodge.

Jeanne said when the temperature started to change she started hyperventilating and had to consciously slow her breathing. She said the whole experience was very doable and quite easy.

Jeanne said she felt safe entering the lodge because she knew she could leave whenever she wanted and knew it was just basically sweating like a sporting event.

Jeanne said she was sitting in the southwest side of the sweat lodge. She said if the door at the south end was 6 o'clock she was sitting at 8 o'clock. She said she went inside to the left after entering the doorway.

Jeanne said she was 4-5 people from the door. She said in the lecture room James Ray had instructed them to switch places with people and move towards the front if they asked to switch and the person felt able to switch.

Jeanne said she sat towards the back and moved forwards as it progressed.

Jeanne said Christine was sitting to her left at the beginning. She said in front of her Greg and Beverly sat in front of her. She said she eventually moved in front of her. She said Brian sat several people to the right of her.

Jeanne said she mostly ate eggs, vegetarian Tuna, vegetarian meatloaf, salad and fruit during the event. She said she drank water and a teaspoon of salt each day.

Jeanne said she was instructed by James not to bring water or food to her vision quest. She said he told the group it was on their honor. She said that was from 2300hrs on 10/6 until 0630hrs on 10/8.

Jeanne said when they arrived they were issued a backpack, bandana, water bottle and a container of salt. She said James Ray instructed them to take a teaspoon of salt each day to cause them to retain water.

Jeanne said she drank approximately 40 ounces of water on the day of the incident after the 36hrs without water. She said she had eaten fruit and eggs for breakfast.

Jeanne said she found out about the vision quest the morning of the event.

Jeanne said James Ray explained that the sweat lodge was hot with a low ceiling. And said it was "his most intense experience." He said many of you have been with me and done my various things this is my most intense experience. She said he described sweat lodges in general. She said he explained the hot rocks and how they would walk. She said he told them if they wanted to leave they needed to do it between rounds. She said he reminded them to hydrate.

Jeanne said James Ray told them the men mostly wore shorts without a shirt and women mostly wore swimsuits. She said he told them not to wear jewelry and take makeup off.

Jeanne said James Ray never gave any specific medical warnings only talking about how unpleasant the sweat lodge would be.

Jeanne said she was wearing an Under Armour T-shirt, and cotton shorts.

Jeanne said they all left their shoes outside the sweat lodge.

Jeanne said they didn't discuss safety procedures other than don't exit unless the door is open.

Jeanne said a woman had asked before the vision quest if she could take water because she was on medication for high blood pressure. She said James asked the woman if she could dry swallow the medication but said it was up to her and she had to take care of her biology and do what she needed to do to feel safe.

Jeanne said during the sweat lodge briefing the same woman asked I have high blood pressure will it raise my blood pressure, should I go in? Jeanne said James told her it was totally up to her and that he assumed it would raise her blood pressure because it was like exercise but she would need to make a decision for herself.

Jeanne said James Ray told them "you may feel like you're nauseated and need to throw up." She said she didn't remember him saying how to deal with that eventuality just that is was possible.

Jeanne said James Ray would speak and lead them in song and then have them scream their intentions during the rounds in the sweat lodge. She said people would then yell their intentions. She said people were encouraging each other during the rounds.

Jeanne said by the third and fourth rounds she lay down in the dirt because it was cooler. She said she would sit up between rounds to feel the air from the flap.

Jeanne said people were encouraging each other saying we can do this "pain is weakness leaving the body."

Jeanne said Ami was in the area roughly opposite from the door between 10 oclock and 2 oclock with the door at the south being 6 oclock.

Jeanne said she heard Ami is passed out. She said people said lets get some guys over there. She said two people carried Ami out.

Jeanne said before the final round the door was open for a long time with people coming and leaving. She said people were yelling to close he flap so they could finish the sweat lodge. She said that round seemed chaotic with a lot of people talking at the same time. She said she just tried to tune people out.

Jeanne said Lou walked straight toward the exit and fell into the pit burning his hand while the flap was open. She said James Ray asked what was that? She said someone said he burned his hand. She said James said help him. She said they tried to carry him out but it wasn't working because he was a big guy. She said James told them to have Lou walk and they support him. She said James told him it will get you out faster.

Jeanne said Lou came back in the tent for the last round.

Jeanne said she saw a light for a while catty corned from her and said she thought someone was climbing out the side. She said James Ray asked who has a flashlight? She said people said nobody has a flashlight somebodys leaving. She said later a male subject told that he had crawled out and didn't even know he had done so.

Jeanne said when she left the lodge there were 3 to 4 people coming out behind her. She said there were two men carrying someone out in front of her. She said she was helping guide a person out who seemed out of it.

Jeanne said she might have heard someone say today is a good day to die. She said they were using death as a metaphor throughout the entire week.

Jeanne said she thought when someone said Ami was passed out she heard a male voice from the area James Ray was sitting she heard someone say help her but she didn't know if it was him.

Jeanne said towards the later rounds during the sweat lodge she noticed James Ray was out of breath when he was talking.

Jeanne said after the last round she was one of the last people out of the lodge. She said she went to the tarp the furthest from the entrance from the lodge. She said she heard someone yell I need help over here. She said she went over about five feet, and said I'm a doctor can I help you what's going on?

Jeanne said she was assessing Sidney when someone said hey they're doing CPR over there. She said she asked Brent if he felt comfortable taking care of Sidney. She said when Brent told her he was she left him with Sidney and went to the person on whom they were performing CPR.

Jeanne said she identified herself as a physician and asked if she could help. She said at that point she took over compressions on James. She said they were rotating through compressions and breathing. She said she also went and checked on Kirby periodically. She said she was asking for an AED and if an ambulance had been called. She said she was told the ambulance was en route by an Angel Valley employee.

Jeanne said when she had asked if she could help James Ray who was standing nearby told her yes. She said about 15 minutes later she stood up and was looking around and James Ray came to her and asked what can we do, what else can we be doing? She said she asked him to make sure there was not an AED. She said he asked what an AED was and after she explained it he left to check.

Jeanne said the sweat lodge was supposed to be like being rebirthed. She said when she left she felt good and didn't understand what was happening to the other people.

Jeanne said she didn't realize the extent of the problem until she went outside. She said she was surprised when Ami passed out because she was thin and petite. She said she was mainly focused on herself during the lodge, so she was somewhat disconnected.

Jeanne said Sidney appeared to be experiencing pulmonary edema and was very ill. She said she didn't realize how many people were ill because she was so focused on Sidney then James and Kirby. She said Kirby seemed to be thin and she was surprised that Kirby had responded adversely.

Jeanne said they never filled out medical forms and were never questioned about their medical problems.

Jeanne said she only knew there was a nurse there because earlier that day someone offered to have a nurse look at a shoulder injury.

Jeanne said it was mostly non participants including dream team members aiding the distressed persons.

Jeanne said it was 20 to 25 minutes from her starting CPR until EMS arrived.

The above is a summary of an interview that was recorded and placed into evidence with this incident.

Date, Time, Reporting Officer:  
Detective John Johnson #6863  
Sat Oct 24 18:24:06 MST 2009

Mon Nov 2 17:25:09 MST 2009  
Apvd C16/0395 DBW