

*I/V Carl Nelson by Det. Willingham #C36

On 10/23/09, at approximately 1530 hours, I spoke with Carl Nelson by telephone. I audio taped the interview and the following is a summary. Also on this tape are phone messages I left for Jennifer Haley and Lynette Wachterhauser.

Carl learned of James Ray from the DVD "The Secret" and has attended four James Ray events. They were Harmonic Wealth, Practical Mysticism, Modern Magic and Spiritual Warrior. Carl then remembered doing Quantum Leap.

Carl has never been inside a sweat lodge, but has been inside a sauna. Carl said the Sweat Lodge was much hotter.

Carl did not know who built the sweat lodge. James Ray did state that he has been in sweat lodges before and has performed the ceremony before.

Carl felt the sweat lodge would be safe prior to going inside. When asked why he said he had no reason to not think it would be safe.

Carl was three quarters around the lodge in the east on the outer wall. Carl's wife, Louise was on his right and Josh Fredrickson was on his left. Carl did not remember who was in front of him. Carl stayed through the first session when they were allowed to leave when the door was opened. Carl said at that time his wife left with him and a woman with shoulder length dark hair. (Sylvia DelaPaz) Carl left because it was too hot for him and he did not return.

Carl ate eggs, bread with peanut butter, and some fruit. Carl did start drinking water, but did not slam either.

Carl did not know what to expect from the sweat lodge other than sweating. Prior instructions were on how to behave in the sweat lodge. They were told how to enter, how to leave, and when they could leave or enter. The people in the inner circle might lean against you and if someone in front of you wanted to trade places, as it might be cooler in the back, to trade. Also if someone left, watch them so they did not get into the pit. They were also going to be doing some chants.

No real safety procedures were discussed if there were any problems.

Carl said he was a little bit disoriented when he was crawling out. Once outside he was hosed down with water to cool him off. He was offered water and electrolytes and then he determined when he was ready to turn over, sit up and stand up.

Carl said John Ebert suddenly appeared and he did not come out the door so he figured that he is the one that came out the north east side. Carl said John does not remember doing that.

As people came out they were kept in the crawling stance or would drag you and then you would get sprayed down. Some people were roll over fairly soon and be talking, some took a little longer.

Carl recalled that it was not until the finish that he noticed people being brought out unconscious. Carl said he heard there were seven rounds and that one round may have been repeated.

Carl never heard anyone say they were having problems or thought they were going to die. He did not fill out any medical forms or questions and is not having any health problems since the experience in the sweat lodge.

Carl did not notice how James Ray reacted because he was concentrating on giving aid to Sean Ronan. He also positioned himself between Sean and those helping James Shore and Kirby Brown so he could give all his attention to Sean.

Carl first realized there was a real problem when they began doing CPR on Kirby.

Carl told me, logically, too much heat could have caused this. Carl also said that perhaps some people stayed when they should have left and others went back in when they should not have. Carl agreed people were encouraged to stay inside or to return.

Carl said no one has influenced his answers.

Carl said no qualifications for James Ray were presented about his ability to run a sweat lodge.

Carl felt every one owns the responsibility for caring for their own body. Carl is baffled as to why people did not leave when it was so uncomfortable. He said you need to know when to cry uncle. Carl considers James Ray a professional. Carl would not attend another sweat lodge under James Ray if he were to do it that same way.

This supplement is considered closed. Investigation continues.

Detective Shonna Willingham C36

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