

*I/V Louise Nelson 10-08-09 Surak #5742,

On 10/08/09 I spoke to Louise Nelson; she stated that she participated in the "vision quest" and also in the "sweat lodge". Nelson stated that this was her first experience in a sweat lodge, and she stated that she would never do another one because of how hot it was. She said that she left after the first round, and once she was cooled off, she sat around the outside to offer her support of the people inside the "sweat lodge".

I asked if there was any instruction reference the "sweat lodge" and she stated that they were given a lot of instructions. She said that when they first got there they were instructed to stay hydrated and to take a teaspoon of salt everyday. Louise went on to say that they were told before hand, in a meeting about the "sweat lodge", that it would be hot and that some people would be experiencing "altered" states of mind. Louise stated she felt they were given adequate instructions prior to going into the "lodge". She said they were instructed as to how to sit in the "tent" and if they got close to the ground it would be cooler closer to the ground.

When asked what she thought went wrong she stated that she had never experienced a "sweat lodge", but to her, it was way to hot inside and she is not sure they are suppose to be so hot. She also stated that they were instructed not to leave during a session and that everyone there respects James Ray a lot and would follow his instruction to the best of their ability. Louise stated that she and her husband go to these sessions together. Louise stated that she does not think James Ray or his staff was ready for this kind of event or this kind of emergency.

End of interview.

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